

PREVENT LEAD POISONING

STAY LEAD-FREE TEST TWICE BEFORE 3



Get your child tested for lead at ages **1** and **2** years, or as soon as possible before the age of **6**.



Sources of lead contamination:



Lead-based paint
Houses built before 1978 may contain lead-based paint.



Contaminated soil
Older homes near busy roadways with chipped or peeling paint.



Jobs/Hobbies
Construction, pottery, and demolition work.



Leaded pipes
Old water pipes with lead might contaminate drinking water.



Imported goods
Toys, cosmetics, candy, spices and cultural powders such as sindoor.



Herbal remedies
Some herbal remedies and traditional medicines.